

SHELDON SPA

BREAKFAST - BRUNCH

Oat Milk Porridge, Berries and Toasted Almonds.
(Milk, Nuts)
£9.95



Sheldon Granola, Berries with Coconut Yogurt.
(Sesame Seeds, Gluten)
£10.50



Warm Croissants with Homemade Jam.
(Milk, Gluten)
£10.50



Fresh Fruit Salad.
£10.50

Addition of Caramelised Nuts: £1.50



Hash Browns, Homemade Baked Beans, sliced Avocado, grilled
Portobello Mushroom.
(Sulphites)
£15.50



Gluten free Banana Pancakes, Coconut Yogurt, Berry Compote,
Caramelised Nuts and Maple Syrup.
(Eggs, Nuts)
£15.50



Smashed Avocado, Poached Egg on Toasted Sourdough Bread, with
Crispy Bacon or Chorizo.
(Eggs, Gluten)
£15.50



Smashed Avocado, Poached Egg, grilled Portobello Mushroom and Vine
Tomato on Toasted Sourdough Bread.
(Eggs, Gluten)
£17.50



Scrambled Egg with Chive on a Toasted Muffin with Smoked Salmon.
(Eggs, Gluten, Fish)
£18.50

