



SHELDON SPA

BUDDHA BOWL

Buddha Bowl - Deliciously Balanced, Nourishing Vegan Goodness.

Bulgar wheat with dried apricot, sultanas, garam masala, cumin seeds, turmeric, ginger, fresh coriander and mint.

Mixed bean and French beans, roasted red pepper, garlic, parsley and chilli.

Roasted butternut squash and beetroot with sliced avocado and hummus.

Spiced pecan nuts, toasted sunflower and pumpkin seeds with micro herbs.

(Gluten, Sulphites, Nuts)

£25.00